



Shaunavon SparFest 2018
Hosted by: Master Pete Allen &
The Shaunavon Taekwondo Club

Registration Package

Please join us for a day of fun practicing your taekwondo skills:
Poomsae, Sparring and Board Breaking competitions

Date: April 14th 2018

Entry Fee: Before March 31 \$50
 After March 31 \$60

Venue: Crescent Point Wickenheiser Center,
 7 Ave. W, Shaunavon

Itinerary:

Doors open at 9:00am

Opening line up 10:00am

Please arrive by 9:30

Door Admission - \$5.00 (5 and under FREE)

For more information,

please contact Master Pete Allen
allenh2op@yahoo.ca

SparFest is a non-elimination sparring event
where everyone will be offered as many bouts as
time permits. The day is formatted to allow all



students to showcase the skills they have learned this year. We hope everyone will participate in at least two matches, one to taste victory and one to challenge them to see where they can improve.

Belt colour is not part of the criteria. Competitors get to choose their opponents, but referees will overrule if mismatch compromises safety. Competitors will be divided into four groups, based on ability and size. While this narrows competitor's choices, it should be more fun and safer.

** Shaunavon Taekwondo club is not training for head contact and the majority of competitors are beginner or intermediate level. SparFest is aimed at giving an introduction to sparring without the pressure of head contact**

Sparring: We have National and International referees tasked with keeping competitors safe and enforcing the newest WTF rules. Upcoming athletes will have the opportunity to practice referee development while being supervised and mentored.

Poomsae is divided in three categories (beginner, intermediate, and advanced)

Board Breaking is done with real 1"x 12" spruce boards.

Martial Arts for Justice is an organization that raises funds to help stop the violence experienced by many people living in poverty around the world. We will be selling extra opportunities to break boards for a small donation to raise money for the cause. For more information see www.ijm.ca

Equipment: All protective equipment is mandatory. This includes: Chest protector, arm & shin guards , groin protector and mouth guard.

Concession: There will be a concession on site run by the club with a variety healthy lunches and snacks.

Accommodation:

Bear's Den Lodge 554 5thAve W. Shaunavon 306-297-2975
Mention Pete Allen or SparFest for these special rates.

Rates: Single – 1 queen bed \$50
 -with kitchenette \$60

 Double – 2 queen beds \$70
 -with kitchenette \$80

Additional Opportunity – Friday Evening 6:30-8:00

For any students planning to come to Shaunavon the day before SparFest, you will have an opportunity to participate in your choice of workshops on Friday evening. Workshops are simultaneous, so you have to pick one!

POOMSAE – Cindy Richardson is a 4th Dan Black Belt and competed in Sport Poomsae from 2011-15 including Nationals in Toronto and Vancouver, the Canadian Open in Toronto, the US Open in Las Vegas, and the Worlds Masters Games in Turin, Italy. She has been a Sport Poomsae and Kyorugi referee from 2012 to present and is a National 2 Sport Poomsae and Kyorugi referee. She is currently training and teaching in Whitecourt, Alberta. Cost \$15, will be collected on Friday evening.

WEAPONS - Learn how to handle a sword and a basic swords form! We will be using Bokken, or wooden training sword for this seminar. Gary Voysey is the head instructor and school owner of Swift Current Christian Taekwondo. He holds a third degree black belt and is Kukkiwon certified to teach. He is a NCCP Level A and B Coach, has his Safe Places Certificate and CPR/AED Level C. He is also an active board member of [Martial Arts for Justice](#), a non-profit corporation designed to be an alliance of martial artists and school owners who choose to actively pursue justice, locally and globally. Cost per participant \$15. Please register and pay directly to the Instructor at <http://member-site.net/?EV--XPchM>. Bokken available for sale \$40.

REFEREEING – This workshop is suitable for students, coaches, parents or anyone who wishes an introduction to the rules of taekwondo and refereeing the sport. Instructor is Master Tracy Bonertz, Referee Director, Alberta Taekwondo Association. Everyone attending should familiarize themselves beforehand with Article 14 of the World Taekwondo Federation Competition Rules found here: <http://www.worldtaekwondo.org/wp-content/uploads/2017/01/WTF-Competition-Rules-Interpretation-Nov-15-2016-Burnaby-Canada.pdf> Students will have an opportunity to use their new knowledge and skills by refereeing during SparFest the next day. Cost \$15 will be collected on Friday evening.

Master Suzanne Mitchell, Saskatchewan Referee Chair, will be offering a Certified Referee seminar in Shaunavon on Sunday, April 15.

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APPLICANT INFORMATION

SHAUNAVON SPARFEST 2018

Name:		Dojang :	
Date of birth:	Email:	Phone:	
Current address:			
City:	Province:	Postal Code:	
Age:	Height(in cm's)	Weight (in Kgs):	
Sex:			

ALL PROTECTIVE EQUIPMENT IS MANDATORY
This includes : chest protector, arm & shin guards, groin protector and mouth guard

Belt Colour:		
Tae Geuk number:		
Black Belts – Dan :	Black Belt Poomsae:	

EVENT SELECTIONS

Circle Event Selections

Sparring	Poomsae	Board Breaking	All 3
Fee \$50 – __CHQ payable to Shaunavon TKD ____ cash			

FRIDAY EVENING WORKSHOPS – PLEASE CIRCLE IF ATTENDING

<u>Refereeing</u> <u>Instructor</u> Master Tracy Bonertz Referee Director Alberta Taekwondo Association Cost \$15 Payment Collected Friday Evening	<u>Sword Training 6:30pm</u> <u>Instructor</u> Master Gary Voysey Cost per participant \$15 To be paid to Instructor directly at http://member-site.net/?EV--XPchM Bokken available for sale \$40	<u>Poomsae</u> <u>Instructor</u> Cindy Richardson National 2 Sport Poomsae and Kyorugi Referee and international Poomsae competitor. Cost \$15 Payment Collected Friday Evening
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MEDICAL FITNESS

I hereby certify that I have not suffered from a concussion, loss of consciousness or blow to the head followed by headache, dizziness, or memory loss IN ANY ACTIVITY in the past six months. If this is not the case , please give details below:

Athlete Signature :	Date:
Parent/ Custodial Signature:	Date:

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LIABILITY WAIVER

In consideration of your acceptance of my entry, I do hereby, for myself, my heirs, executors, and administrators, waive, release, and forever discharge all rights and claims for damages which I may have, or which may accrue to me against the Shaunavon SparFest 2018, SaskWTF, the WTF Taekwondo Federation of Canada, the World Taekwondo Federation, and all members of the Shaunavon SparFest tournament, or their respective officers, agents, representatives, successors, and/or assigns, and against any competitor for any damages which may be sustained by me in connection with, or entry in the above athletic meet. I understand that Taekwondo is a contact sport, which involves the risk of injury. I understand that the competition rules are based on the rules of the World Taekwondo Federation. I agree to all competitions rules and understand that I may be disqualified if I do not follow these rules. If I fail to show up to the competition, I knowingly forfeit all registration fees. I further understand that any pictures taken of me, in connection with the 2018 Shaunavon SparFest, can be used by the tournament director for publicity or promotion without compensation at this time, or any time.

SIGNATURES

Athlete Signature:

Date:

Parent/Custodial Signature if under 18:

Date:

Please Note: It is very important to us that no athlete is prevented from attending SparFest because of the cost. Subsidies and sponsorships are available. If you would like to request a subsidy, please indicate here: _____

Please send registrations to:

Dezerae Peno
dpeno@icloud.com
Box 62, Bracken, SK S0N 0G0